



## SIZE CHART FOR PROTECTIVE GEAR 10082

For the correct selection of the size, consult the following tables:

### WRIST

SIZE			CENTIMETER	INCHES
M		A	20-23	7,8-9
S		B	16-18	6,3-7
XS		A	17-19	6,7-7,4
		B	14-16	5,5-6,3
		A	16-18	6,3-7
		B	12-14	4,7-5,5

**A : Center of the hand**

**B : Center of the wrist**

Hold your palm open and measure the circumference of the wrist (B) and the circumference of the base of the fingers (A)

### KNEE

SIZE			CENTIMETER	INCHES
M		A	27-31	10,6-12,2
S		B	24-28	9,4-11
XS		A	25-29	9,8-11,4
		B	23-27	9-10,6
		A	24-28	9,4-11
		B	22-26	8,6-10,2

**A : 10 cm above the center of the knee**

**B : 10 cm below the center of the knee**

Measure the circumference of the thigh, 10cm above the center of the knee, and the circumference of the calf 10cm under the knee.

### ELBOW

SIZE			CENTIMETER	INCHES
M		A	23-26	9-10,2
S		B	21-24	8,2-9,4
XS		A	22-24	8,6-9,4
		B	20-22	7,8-8,6
		A	20-22	7,8-8,6
		B	18-20	7-7,8

**A : 13cm above elbow**

**B : 10cm under the elbow**

Measure the circumference of 13cm above the center of the elbow and the circumference 10cm below the center of the elbow.